



## Naturopathic Institute 2024 / 2026: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

\*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

# First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program			Purple		Sapphire	
			Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics			August 8 – 10, 2025	August 22 – 24, 2025		
#2 Therapeutic Techniques & Anatomy			September 5 – 7, 2025	September 19 – 21, 2025		
#3 Anatomy / Pregnancy and Infant Massage			October 17 – 19, 2025	Oct 31 – Nov 2, 2026		
#4 Assessment & Adv. Techniques / Business			November 7 – 9, 2025	November 21 – 23, 2025		
#5 Specialized Techniques			January 2 – 4, 2026	January 16 – 18, 2026		
#6 Integrative Massage & Lymph Techniques			February 13 – 15, 2026	Feb 27 – March 1, 2026		
Beginning Essential Oils			March 6 – 8, 2026	<b>No Lab</b>		
CranioSacral Bodywork			March 20 – 22, 2026	March 27 – 29, 2026		
Meridian Work and Light Healing Touch			April 10 – 12, 2026	April 24 – 26, 2026		
Reflexology			June 5 – 7, 2026	June 19 – 21, 2026		
Nutrition			<b>October 3 – 5, 2025</b>	<b>No Lab</b>		
Body Systems / Anatomy / Physiology			<b>August 1 – 3, 2025</b>	<b>No Lab</b>		
Holistic Bodywork *			<b>July 10 – 12, 2026</b>	<b>July 24 – 26, 2026</b>		
Advanced Essential Oils *			<b>May 15 – 17, 2026</b>	<b>No Lab</b>		
TBP Pathology 101			September 12 – 14, 2025	<b>No Lab</b>		
Final Exam *			August 7 – 9, 2026			
* Prerequisites must be completed before attending these sessions.			Graduation August 9, 2026			

Due to the significant change in the Therapeutic Bodywork schedule starting April, 2026, please see the additional pages.

**CONTACT INFORMATION**  
 Naturopathic Institute of Therapies and Education  
 503 E Broadway St., Mt. Pleasant, MI 48858  
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[contact@naturopathicinstitute.org](mailto:contact@naturopathicinstitute.org)



# 2026 Class and Lab Dates Therapeutic Bodywork Program

## Start Date: April 2026 (Sapphire)

Class Name	Class/Lab Date
Body Systems / Anatomy / Physiology	April 10 – 12, 2026 <sup>1</sup>
#1 Class: Beginning Bodywork, Ethics and Anatomy	April 17 – 19, 2026 <sup>2</sup>
TBP Pathology 101	April 24 – 26, 2026 <sup>1</sup>
#1 Lab: Beginning Bodywork, Ethics and Anatomy	May 1 – 3, 2026 <sup>2</sup>
#2 Class: Seated Massage and Consultation	May 15 – 17, 2026 <sup>1</sup>
#2 Lab: Seated Massage and Consultation	May 29 – 31, 2026 <sup>2</sup>
Nutrition	June 5 – 7, 2026 <sup>1</sup>
#3 Class: Massage for Special Populations	June 19 - 21, 2026 <sup>1</sup>
#3 Lab: Massage for Special Populations	June 26 – 28, 2026 <sup>2</sup>
#4 Class: Assessment & Therapeutic Techniques	July 17 – 19, 2026 <sup>1</sup>
#4 Lab: Assessment & Therapeutic Techniques	July 31 – Aug 2, 2026 <sup>2</sup>
#5 Class: Specialized Techniques and Anatomy	August 7 – 9, 2026 <sup>2</sup>
#5 Lab: Specialized Techniques and Anatomy	August 21 – 23, 2026 <sup>2</sup>
#6 Class: Integrative Massage, Oncology Massage / Business	Sept 11 – 13, 2026 <sup>1</sup>

Class Name	Class/Lab Date
#6 Lab: Integrative Massage, Oncology Massage / Business	Sept 18 – 20, 2026 <sup>2</sup>
Beginning Essential Oils	October 9 – 11, 2026 <sup>1</sup>
Class: CranioSacral Bodywork	Oct 30 – Nov 1, 2026 <sup>1</sup>
Lab: CranioSacral Bodywork	Nov 13 – 15, 2026 <sup>2</sup>
Class: Advanced Essential Oils	November 20 -22, 2026 <sup>1</sup>
Lab: Advanced Essential Oils	December 4 – 6, 2026 <sup>2</sup>
Class: Meridian Work and Light Healing Touch	January 8 – 10, 2027 <sup>1</sup>
Lab: Meridian Work and Light Healing Touch	January 22 – 24, 2027 <sup>2</sup>
Class: Reflexology	February 5 – 7, 2027 <sup>1</sup>
Lab: Reflexology	February 19 – 21, 2027 <sup>2</sup>
Class: Lymphatic Bodywork	March 5 – 7, 2027 <sup>2</sup>
Lab: Lymphatic Bodywork	March 19 – 21, 2027 <sup>2</sup>
Class: Holistic Bodywork	April 2 – 4, 2027 <sup>1</sup>
Lab: Holistic Bodywork	April 23 – 25, 2027 <sup>2</sup>
Final Exam	May 7 – 9, 2027 <sup>1</sup>
Graduation	May 9, 2027

The weekend schedule varies per class.

<sup>1</sup>Weekend schedule is Friday, 5 p.m. – 9 p.m., and Saturday and Sunday from 9 a.m. – 6 p.m.

<sup>2</sup>Weekend schedule is Friday, 9 a.m. – 5 p.m., and Saturday and Sunday from 9 a.m. – 6 p.m.

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# 2026 Class and Lab Dates Therapeutic Bodywork Program

Start Date: August 2026 (Chicory)



Class Name	Class/Lab Date
TBP Pathology 101	August 21 – 23, 2026 <sup>1</sup>
#1 Class: Beginning Bodywork, Ethics and Anatomy	August 28 – 30, 2026 <sup>2</sup>
Body Systems / Anatomy / Physiology	Sept 11 – 13, 2026 <sup>1</sup>
#1 Lab: Beginning Bodywork, Ethics and Anatomy	Sept 25 – 27, 2026 <sup>2</sup>
#2 Class: Seated Massage and Consultation	October 9 – 11, 2026 <sup>1</sup>
#2 Lab: Seated Massage and Consultation	Oct 23 – 25, 2026 <sup>2</sup>
#3 Class: Massage for Special Populations	Nov 6 – 8, 2026 <sup>1</sup>
Nutrition	Nov 20 – 22, 2026 <sup>1</sup>
#3 Lab: Massage for Special Populations	Dec 4 – 6, 2026 <sup>2</sup>
#4 Class: Assessment & Therapeutic Techniques	January 8 – 10, 2027 <sup>1</sup>
#4 Lab: Assessment & Therapeutic Techniques	Jan 22 – 24, 2027 <sup>2</sup>
#5 Class: Specialized Techniques and Anatomy	February 5 – 7, 2027 <sup>2</sup>
#5 Lab: Specialized Techniques and Anatomy	Feb 26 – 28, 2027 <sup>2</sup>
#6 Class: Integrative Massage, Oncology Massage / Business	March 12 – 14, 2027 <sup>1</sup>

#6 Lab: Integrative Massage, Oncology Massage / Business	April 2 – 4, 2027 <sup>2</sup>
Beginning Essential Oils	April 16 – 18, 2027 <sup>1</sup>
Class: CranioSacral Bodywork	Apr 30 – May 1, 2027 <sup>1</sup>
Lab: CranioSacral Bodywork	May 14 – 16, 2027 <sup>2</sup>
Class: Meridian Work and Light Healing Touch	June 4 – 6, 2027 <sup>1</sup>
Lab: Meridian Work and Light Healing Touch	June 18 – 20, 2027 <sup>2</sup>
Class: Reflexology	July 9 – 11, 2027 <sup>1</sup>
Lab: Reflexology	July 23 – 25, 2027 <sup>2</sup>
Class: Lymphatic Bodywork	August 6 – 8, 2027 <sup>2</sup>
Advanced Oils	August 20 – 22, 2027 <sup>1</sup>
Lab: Lymphatic Bodywork	August 27 - 29, 2027 <sup>2</sup>
Lab: Advanced Essential Oils	Sept 10 – 12, 2027 <sup>2</sup>
Class: Holistic Bodywork	Sept 24 – 26, 2027 <sup>1</sup>
Lab: Holistic Bodywork	October 1 – 3, 2027 <sup>2</sup>
Finals	Oct 29 – 31, 2027 <sup>1</sup>
Graduation	October 31, 2027

The weekend schedule varies per class.

<sup>1</sup>Weekend schedule is Friday, 5 p.m. – 9 p.m., and Saturday and Sunday from 9 a.m. – 6 p.m.

<sup>2</sup>Weekend schedule is Friday, 9 a.m. – 5 p.m., and Saturday and Sunday from 9 a.m. – 6 p.m.

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# Start Date: May 2027 (Valor)

Class Name	Class/Lab Date
Body Systems / Anatomy / Physiology	May 7 - 9, 2027 <sup>1</sup>
TBP Pathology 101	May 14 - 16, 2027 <sup>1</sup>
#1 Class: Beginning Bodywork, Ethics and Anatomy	May 21 - 23, 2027 <sup>2</sup>
#1 Lab: Beginning Bodywork, Ethics and Anatomy	June 4 - 6, 2027 <sup>2</sup>
#2 Class: Seated Massage and Consultation	June 18 - 20, 2027 <sup>1</sup>
#2 Lab: Seated Massage and Consultation	June 25 - 27, 2027 <sup>2</sup>
#3 Class: Massage for Special Populations	July 9 - 11, 2027 <sup>1</sup>
Nutrition	July 16 - 18, 2027 <sup>1</sup>
#3 Lab: Massage for Special Populations	July 30 – Aug 1, 2027 <sup>2</sup>
#4 Class: Assessment & Therapeutic Techniques	Aug 13 - 15, 2027 <sup>1</sup>
#4 Lab: Assessment & Therapeutic Techniques	Aug 20 - 22, 2027 <sup>2</sup>
#5 Class: Specialized Techniques and Anatomy	Sept 10 - 12, 2027 <sup>2</sup>
#5 Lab: Specialized Techniques and Anatomy	Sept 24 - 26, 2027 <sup>2</sup>
#6 Class: Integrative Massage, Oncology Massage / Business	Oct 8 - 10, 2027 <sup>1</sup>

#6 Lab: Integrative Massage, Oncology Massage / Business	Oct 22- 24, 2027 <sup>2</sup>
Beginning Essential Oils	Nov 5 - 7, 2027 <sup>1</sup>
Class: CranioSacral Bodywork	Nov 12 - 14, 2027 <sup>1</sup>
Lab: CranioSacral Bodywork	Dec 3 - 5, 2027 <sup>2</sup>
Class: Meridian Work and Light Healing Touch	Jan 7 - 9, 2028 <sup>1</sup>
Lab: Meridian Work and Light Healing Touch	Jan 21 - 23, 2028 <sup>2</sup>
Class: Reflexology	Feb 4 - 6, 2028 <sup>1</sup>
Lab: Reflexology	Feb 21 - 23, 2028 <sup>2</sup>
Class: Advanced Essential Oils	March 3 - 5, 2028 <sup>1</sup>
Lab: Advanced Essential Oils	March 17 - 19, 2028 <sup>2</sup>
Class: Lymphatic Bodywork	Mar 31 – Apr 2, 2028 <sup>2</sup>
Lab: Lymphatic Bodywork	April 21 - 23, 2028 <sup>2</sup>
Class: Holistic Bodywork	May 5 - 7, 2028 <sup>1</sup>
Lab: Holistic Bodywork	May 19 - 21, 2028 <sup>2</sup>
Finals	June 9 - 11, 2028 <sup>1</sup>
Graduation	June 11, 2028

The weekend schedule varies per class.

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