



Naturopathic Institute 2024 / 2026: Class and Lab Dates

Therapeutic Bodywork Program and Holistic Labor Companion Program

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday **8:00 a.m.** – 6:00 p.m.

First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program	Blue		Purple		Sapphire	
	Class	Lab*	Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics	March 14 – 16, 2025	March 28 – 30, 2025	August 8 – 10, 2025	August 22 – 24, 2025		
#2 Therapeutic Techniques & Anatomy	April 11 – 13, 2025	April 25 – 27, 2025	September 5 – 7, 2025	September 19 – 21, 2025		
#3 Anatomy / Pregnancy and Infant Massage	May 16 – 18, 2025	May 30 – June 1, 2025	October 17 – 19, 2025	Oct 31 – Nov 2, 2026		
#4 Assessment & Adv. Techniques / Business	June 13 – 15, 2025	June 27 – 29, 2025	November 7 – 9, 2025	November 21 – 23, 2025		
#5 Specialized Techniques	July 25-27, 2025	Aug 1 – 3, 2025	January 2 – 4, 2026	January 16 – 18, 2026		
#6 Integrative Massage & Lymph Techniques	Aug 15 – 17, 2025	Sept 5 – 7, 2025	February 13 – 15, 2026	Feb 27 – March 1, 2026		
Beginning Essential Oils	Sept 12 – 14, 2025	No Lab	March 6 – 8, 2026	No Lab		
CranioSacral Bodywork	Oct 3 – 5, 2025	Oct 17 – 29, 2025	March 20 – 22, 2026	March 27 – 29, 2026		
Meridian Work and Light Healing Touch	Nov 7 – 9, 2025	Nov 21 – 23, 2025	April 10 – 12, 2026	April 24 – 26, 2026		
Reflexology	Jan 9 – 11, 2026	Jan 23 – 25, 2026	June 5 – 7, 2026	June 19 – 21, 2026		
Nutrition	May 9 – 11, 2025	No Lab	October 3 – 5, 2025	No Lab		
Body Systems / Anatomy / Physiology	Feb 28 – Mar 2, 2025	No Lab	August 1 – 3, 2025	No Lab		
Holistic Bodywork *	Feb 6 – 8, 2026	Feb 20 – 22, 2026	July 10 – 12, 2026	July 24 – 26, 2026		
Advanced Essential Oils *	Dec 5 – 7, 2025	No Lab	May 15 – 17, 2026	No Lab		
TBP Pathology 101	March 7 – 9, 2025	No Lab	September 12 – 14, 2025	No Lab		
Final Exam *	March 6 – 8, 2026		August 7 – 9, 2026			
Graduation 3/8/2026			Graduation August 9, 2026			

* Prerequisites must be completed before attending these sessions.

Due to the significant change in the Therapeutic Bodywork schedule starting April, 2026, please see the additional pages.

CONTACT INFORMATION

Naturopathic Institute of Therapies and Education
503 E Broadway St., Mt. Pleasant, MI 48858
Phone: (989) 773-1714 Fax: (989) 775-7319
www.naturopathicinstitute.org
contact@naturopathicinstitute.org

2026 Class and Lab Dates Therapeutic Bodywork Program

Start Date: April 2026 (Sapphire)

Class Name	Class/Lab Date
Body Systems / Anatomy / Physiology	April 10 – 12, 2026 ¹
#1 Class: Beginning Bodywork, Ethics and Anatomy	April 17 – 19, 2026 ²
TBP Pathology 101	April 24 – 26, 2026 ¹
#1 Lab: Beginning Bodywork, Ethics and Anatomy	May 1 – 3, 2026 ²
#2 Class: Seated Massage and Consultation	May 15 – 17, 2026 ¹
#2 Lab: Seated Massage and Consultation	May 29 – 31, 2026 ²
Nutrition	June 5 – 7, 2026 ¹
#3 Class: Massage for Special Populations	June 19 - 21, 2026 ¹
#3 Lab: Massage for Special Populations	June 26 – 28, 2026 ²
#4 Class: Assessment & Therapeutic Techniques	July 17 – 19, 2026 ¹
#4 Lab: Assessment & Therapeutic Techniques	July 31 – Aug 2, 2026 ²
#5 Class: Specialized Techniques and Anatomy	August 7 – 9, 2026 ²
#5 Lab: Specialized Techniques and Anatomy	August 21 – 23, 2026 ²
#6 Class: Integrative Massage, Oncology Massage / Business	Sept 11 – 13, 2026 ¹

Class Name	Class/Lab Date
#6 Lab: Integrative Massage, Oncology Massage / Business	Sept 18 – 20, 2026 ²
Beginning Essential Oils	October 9 – 11, 2026 ¹
Class: CranioSacral Bodywork	Oct 30 – Nov 1, 2026 ¹
Lab: CranioSacral Bodywork	Nov 13 – 15, 2026 ²
Class: Advanced Essential Oils	November 20 -22, 2026 ¹
Lab: Advanced Essential Oils	December 4 – 6, 2026 ²
Class: Meridian Work and Light Healing Touch	January 8 – 10, 2027 ¹
Lab: Meridian Work and Light Healing Touch	January 22 – 24, 2027 ²
Class: Reflexology	February 5 – 7, 2027 ¹
Lab: Reflexology	February 19 – 21, 2027 ²
Class: Lymphatic Bodywork	March 5 – 7, 2027 ²
Lab: Lymphatic Bodywork	March 19 – 21, 2027 ²
Class: Holistic Bodywork	April 2 – 4, 2027 ¹
Lab: Holistic Bodywork	April 23 – 25, 2027 ²
Final Exam	May 7 – 9, 2027 ¹
Graduation	May 9, 2027

The weekend schedule varies per class.

¹Weekend schedule is Friday, 5 p.m. – 9 p.m., and Saturday and Sunday from 9 a.m. – 6 p.m.

²Weekend schedule is Friday, 9 a.m. – 5 p.m., and Saturday and Sunday from 9 a.m. – 6 p.m.

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2026 Class and Lab Dates Therapeutic Bodywork Program



Start Date: August 2026 (Chicory)

Class Name	Class/Lab Date
TBP Pathology 101	August 21 – 23, 2026 ¹
#1 Class: Beginning Bodywork, Ethics and Anatomy	August 28 – 30, 2026 ²
Body Systems / Anatomy / Physiology	Sept 11 – 13, 2026 ¹
#1 Lab: Beginning Bodywork, Ethics and Anatomy	Sept 25 – 27, 2026 ²
#2 Class: Seated Massage and Consultation	October 9 – 11, 2026 ¹
#2 Lab: Seated Massage and Consultation	Oct 23 – 25, 2026 ²
#3 Class: Massage for Special Populations	Nov 6 – 8, 2026 ¹
Nutrition	Nov 20 – 22, 2026 ¹
#3 Lab: Massage for Special Populations	Dec 4 – 6, 2026 ²
#4 Class: Assessment & Therapeutic Techniques	January 8 – 10, 2027 ¹
#4 Lab: Assessment & Therapeutic Techniques	Jan 22 – 24, 2027 ²
#5 Class: Specialized Techniques and Anatomy	February 5 – 7, 2027 ²
#5 Lab: Specialized Techniques and Anatomy	Feb 26 – 28, 2027 ²
#6 Class: Integrative Massage, Oncology Massage / Business	March 12 – 14, 2027 ¹

#6 Lab: Integrative Massage, Oncology Massage / Business	April 2 – 4, 2027 ²
Beginning Essential Oils	April 16 – 18, 2027 ¹
Class: CranioSacral Bodywork	Apr 30 – May 1, 2027 ¹
Lab: CranioSacral Bodywork	May 14 – 16, 2027 ²
Class: Meridian Work and Light Healing Touch	June 4 – 6, 2027 ¹
Lab: Meridian Work and Light Healing Touch	June 18 – 20, 2027 ²
Class: Reflexology	July 9 – 11, 2027 ¹
Lab: Reflexology	July 23 – 25, 2027 ²
Class: Lymphatic Bodywork	August 6 – 8, 2027 ²
Advanced Oils	August 20 – 22, 2027 ¹
Lab: Lymphatic Bodywork	August 27 - 29, 2027 ²
Lab: Advanced Essential Oils	Sept 10 – 12, 2027 ²
Class: Holistic Bodywork	Sept 24 – 26, 2027 ¹
Lab: Holistic Bodywork	October 1 – 3, 2027 ²
Finals	Oct 29 – 31, 2027 ¹
Graduation	October 31, 2027

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