



Naturopathic Institute 2024 / 2026: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

Program Class Dates 12/5/2024

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program	Chicory		Blue		Purple	
	Class	Lab*	Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics	August 2 – 4, 2024	August 23 – 25, 2024	February 21 – 23, 2025	March 28 – 30, 2025	August 8 – 10, 2025	August 22 – 24, 2025
#2 Therapeutic Techniques & Anatomy	Sept 6 – 8, 2024	Sept 20 – 22, 2024	April 11 – 13, 2025	April 25 – 27, 2025	September 5 – 7, 2025	September 19 – 21, 2025
#3 Anatomy / Pregnancy and Infant Massage	Oct 11 – 13, 2024	Oct 25 – 27, 2024	May 16 – 18, 2025	May 30 – June 1, 2025	October 17 – 19, 2025	Oct 31 – Nov 2, 2026
#4 Assessment & Adv. Techniques / Business	Nov 8 – 10, 2024	Nov 22 – 24, 2024	June 13 – 15, 2025	June 27 – 29, 2025	November 7 – 9, 2025	November 21 – 23, 2025
#5 Specialized Techniques	Dec 6 – 8, 2024	December 20 – 22, 2024	July 25-27, 2025	Aug 1 – 3, 2025	January 2 – 4, 2026	January 16 – 18, 2026
#6 Integrative Massage & Lymph Techniques	Jan 3 – 5, 2025	Jan 17 – 19, 2025	Aug 15 – 17, 2025	Sept 5 – 7, 2025	February 13 – 15, 2026	Feb 27 – March 1, 2026
Beginning Essential Oils	Feb 7 – 9, 2025	No Lab	Sept 12 – 14, 2025	No Lab	March 6 – 8, 2026	No Lab
CranioSacral Bodywork	Feb 21 – 23, 2025	March 7 – 9, 2025	Oct 3 – 5, 2025	Oct 17 – 29, 2025	March 20 – 22, 2026	March 27 – 29, 2026
Meridian Work and Light Healing Touch	March 21 – 23, 2-25	April 4 – 6, 2025	Nov 7 – 9, 2025	Nov 21 – 23, 2025	April 10 – 12, 2026	April 24 – 26, 2026
Reflexology	May 2 – 4, 2025	May 16 – 18, 2025	Jan 9 – 11, 2026	Jan 23 – 25, 2026	June 5 – 7, 2026	June 19 – 21, 2026
Nutrition	Oct 4 – 6, 2024	No Lab	May 9 – 11, 2025	No Lab	October 3 – 5, 2025	No Lab
Body Systems / Anatomy / Physiology	August 9 – 11, 2024	No Lab	Feb 28 – Mar 2, 2025	No Lab	August 1 – 3, 2025	No Lab
Holistic Bodywork *	May 30 – June 1, 2025	June 13 – 15, 2025	Feb 6 – 8, 2026	Feb 20 – 22, 2026	July 10 – 12, 2026	July 24 – 26, 2026
Advanced Oils *	April 11 – 13, 2025	No Lab	Dec 5 – 7, 2025	No Lab	May 15 – 17, 2026	No Lab
TBP Pathology 101			March 7 – 9, 2025	No Lab	September 12 – 14, 2025	No Lab
Final Exam *	July 18 – 20, 2025		March 6 – 8, 2026		August 7 – 9, 2026	
* Prerequisites must be completed before attending these sessions.		Graduation 7/20/2025	Graduation 3/8/2026		Graduation August 9, 2026	

Holistic Doula Companion Program	Yellow	Citrine	Yellow
Nutrition	Oct 4 – 6, 2024	May 9 – 11, 2025	June 5 – 7, 2026
Herbs and Muscle Response Testing	Nov 8 – 10, 2024	June 13 – 15, 2025	July 17 – 19, 2026
Miracle of Pregnancy	Jan 3 – 5, 2025	July 11 – 13, 2025	May 8 – 10, 2026
Miracle of Birth*	Feb 21 – 23, 2025	Aug 8 – 10, 2025	August 21 – 23, 2026
Miracle of Newborn*	March 7 – 9, 2025	Oct 10 – 12, 2025	September 25 – 27, 2026
Beginning Essential Oils	Feb 7 – 9, 2025	Sept 12 – 14, 2025	October 9 – 11, 2026
Summary Final Exam	May 16 – 18, 2025 Graduation 5/18/2025	Dec 5 – 7, 2025 Graduation 12/7/2025	November 20 – 21, 2026 Graduation 11/21/2026

CONTACT INFORMATION
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