



NSP Quarterly Meetings 2024

Dr. Baker will be holding a unique training opportunity this year! Normally she offers three free training days each year. They are held on the third Monday of March, June, and September. These are known as the NSP quarterly meetings. Historically, she also offers an Herbal Boot Camp bi-annually. This year, she will be combining them and offering this incredible opportunity starting on Monday, March 18. These classes remain a training opportunity for Nature Sunshine Members and downline.

Additionally, it will be made available to NITE students and alumni for continuing education and internship hours. If you have an assistant or staff that need to learn more about natural remedies, this would be a great opportunity to educate your staff for free.

While the focus of this training will be herbs, vitamins, and minerals primarily from Nature's Sunshine, about 30% to 40% of the items discussed will cover other suppliers of herbs, flower essences, essential oils, and specialized supplements. She will also discuss home remedies, food, and therapies when appropriate.

While it would be best to take all three classes in date order to build a strong foundation, they can also be taken as individual training days.

Please RSVP to 989 773 1714 for the best experience, and so we can plan for materials and handouts!

You can also keep up with Herbs Etc happenings on their website: www.herbsetc.org.

Classes are 9 a.m. to 4 p.m.

Lunch is on your own.

March 18 – RSVP by March 15

Boot Camp Level 1

The best single and combination herbal blends for the nine primary body systems. Along with top oils and homeopathic to help elevate the toughest symptoms in these primary areas.

June 17 – RSVP by June 14

Boot Camp Level 2

- Understanding the Chinese Herbal System
- Fitness and Weight Release Supplements
- Herbs for Women
- Cleansing Programs
- Flower Remedies: How to use and blend them
- NSP Single Oils and Combinations

September 16 – RSVP by September 13

Boot Camp Level 3

Homeopathic Remedies include:

- Antidotes
- Heavy Metal and Environmental Cleanses
- Orgonite and Other EMF (Electro Magnetic Frequency) Protection
- Using Sacredly Processed Precious Elements in Powder and Tincture
- Biophotonic Patches and Pressure Points

Please RSVP to 989 773 1714