



Naturopathic Institute 2022 / 2024: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

Program Class Dates 8/18/2023

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program	Chicory		Blue		Sapphire	
	Class	Lab*	Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics	January 13 – 15, 2023	January 27 – 29, 2023	August 11 – 13, 2023	August 25 – 27, 2023	Jan 12 – 14, 2024	Jan 26 – 28, 2024
#2 Therapeutic Techniques & Anatomy	February 10 – 12, 2023	February 24 – 26, 2023	Sept 8 – 10, 2023	Sept 22 – 24, 2023	Feb 9 – 11, 2024	Feb 23 – 25, 2024
#3 Anatomy / Pregnancy and Infant Massage	March 10 – 12, 2023	March 24 – 26, 2023	Oct 13 – 15, 2023	Oct 27 – 29, 2023	March 15 – 17, 2024	March 22 – 24, 2024
#4 Assessment & Adv. Techniques / Business	April 14 – 16, 2023	April 28 – 30, 2023	Nov 10 – 12, 2023	Nov 17 – 19, 2023	April 12 – 14, 2024	April 26 – 28, 2024
#5 Specialized Techniques	May 12 – 14, 2023	June 2 – 4, 2023	Dec 8 – 10, 2023	Dec 15 – 17, 2023	May 10 – 12, 2024	May 31 – June 2, 2024
#6 Integrative Massage & Lymph Techniques	June 16 – 18, 2023	July 7 – 9, 2023	Jan 5 – 7, 2024	Jan 19 – 21, 2024	June 7 – 9, 2024	June 21 – 23, 2024
Beginning Essential Oils	July 14 – 16, 2023	No Lab	Feb 2 – 4, 2024	No Lab	July 12 – 14, 2024	No Lab
CranioSacral Bodywork	Aug 4 – 6, 2023	Aug 18 – 20, 2023	Feb 16 – 18, 2024	March 1 – 3, 2024	July 26 – 28, 2024	Aug 9 – 11, 2024
Meridian Work and Light Healing Touch	Sept 8 – 10, 2023	Sept 22 – 24, 2023	March 15 – 17, 2024	April 5 – 7, 2024	Aug 23 – 25, 2024	Sept 6 – 8, 2024
Reflexology	Oct 6 – 8, 2023	Oct 20 – 22, 2023	April 26 – 28, 2024	May 10 – 12, 2024	Oct 4 – 6, 2024	Oct 18 – 20, 2024
Nutrition	March 3 – 5, 2023	No Lab	Oct 6 – 8, 2023	No Lab	March 8 – 10, 2024	No Lab
Body Systems / Anatomy / Physiology	January 6 – 8, 2023	No Lab	August 4 – 6, 2023	No Lab	Jan 5 – 7, 2024	No Lab
Holistic Bodywork *	Nov 17 – 19, 2023	Dec 1 – 3, 2023	June 14 – 16, 2024	June 28 – 30, 2024	Nov 1 – 3, 2024	Nov 15 – 17, 2024
Advanced Oils *	Nov 3 – 5, 2023	No Lab	May 31 – June 2, 2024	No Lab	Sept 20 – 22, 2024	No Lab
Final Exam *	Dec 15 – 17, 2023		July 19 - 21, 2024		Dec 13 – 15, 2024	
* Prerequisites must be completed before attending these sessions.		Graduation 12/17/2023		Graduation 7/21/24		Graduation 12/15/2024

Holistic Doula Companion Program	Yellow	Citrine	Yarrow
Nutrition	March 3 – 5, 2023	Oct 6 – 8, 2023	March 8 – 10, 2024
Herbs and Muscle Response Testing	April 28 – 30, 2023	Nov 10 – 12, 2023	April 19 – 21, 2024
Miracle of Pregnancy	May 12 – 14, 2023	Jan 12 – 14, 2024	May 3 – 5, 2024
Miracle of Birth*	June 9 – 11, 2023	Feb 23 – 25, 2024	June 21 – 23, 2024
Miracle of Newborn*	July 14 – 16, 2023	April 19 – 21, 2024	July 12 – 14, 2024
Beginning Essential Oils	August 4 – 6, 2023	Feb 2 – 4, 2024	August 16 – 18, 2024
Summary Final Exam	Oct 20 – 22, 2023 Graduation 10/22/2023	June 14 – 16, 2024 Graduation 6/16/2024	October 11-13, 2024 Graduation 10/13/2024

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CONTACT INFORMATION
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Tours available upon request!