



## Naturopathic Institute 2022 / 2024: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

Program Class Dates 3/6/2023

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

\*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

# First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program	Sapphire		Chicory		Blue	
	Class	Lab*	Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics	August 5 – 7, 2022	August 26 – 28, 2022	January 13 – 15, 2023	January 27 – 29, 2023	August 11 – 13, 2023	August 25 – 27, 2023
#2 Therapeutic Techniques & Anatomy	September 9 – 11, 2022	September 23 – 25, 2022	February 10 – 12, 2023	February 24 – 26, 2023	Sept 15 – 17, 2023	Sept 22 – 24, 2023
#3 Anatomy / Pregnancy and Infant Massage	October 7 – 9, 2022	October 28 – 30, 2022	March 10 – 12, 2023	March 24 – 26, 2023	Oct 13 – 15, 2023	Oct 27 – 29, 2023
#4 Assessment & Adv. Techniques / Business	November 11 – 13, 2022	December 2 – 4, 2022	April 14 – 16, 2023	April 28 – 30, 2023	Nov 10 – 12, 2023	Nov 17 – 19, 2023
#5 Specialized Techniques	December 16 – 18, 2022	January 6 – 8, 2023	May 12 – 14, 2023	June 2 – 4, 2023	Dec 8 – 10, 2023	Dec 15 – 17, 2023
#6 Integrative Massage & Lymph Techniques	January 20 – 22, 2023	February 3 – 5, 2023	June 16 – 18, 2023	July 7 – 9, 2023	Jan 5 – 7, 2024	Jan 19 – 21, 2024
Beginning Essential Oils	February 17 – 19, 2023	<b>No Lab</b>	July 14 – 16, 2023	<b>No Lab</b>	Feb 2 – 4, 2024	<b>No Lab</b>
CranioSacral Bodywork	March 3 – 5, 2023	March 17 – 19, 2023	Aug 4 – 6, 2023	Aug 18 – 20, 2023	Feb 16 – 18, 2024	March 1 – 3, 2024
Meridian Work and Light Healing Touch	March 31 – April 2, 2023	April 14 – 16, 2023	Sept 8 – 10, 2023	Sept 22 – 24, 2023	March 15 – 17, 2024	April 5 – 7, 2024
Reflexology	May 5 – 7, 2023	May 19 – 21, 2023	Oct 6 – 8, 2023	Oct 20 – 22, 2023	April 26 – 28, 2024	May 10 – 12, 2024
Nutrition	<b>October 14 – 16, 2022</b>	<b>No Lab</b>	<b>March 3 – 5, 2023</b>	<b>No Lab</b>	<b>Oct 6 – 8, 2023</b>	<b>No Lab</b>
Body Systems / Anatomy / Physiology	<b>August 12 – 14, 2022</b>	<b>No Lab</b>	<b>January 6 – 8, 2023</b>	<b>No Lab</b>	<b>August 4 – 6, 2023</b>	<b>No Lab</b>
Holistic Bodywork *	<b>June 2 – 4, 2023</b>	<b>June 16 – 18, 2023</b>	<b>Nov 17 – 19, 2023</b>	<b>Dec 1 – 3, 2023</b>	<b>June 14 – 16, 2024</b>	<b>June 28 – 30, 2024</b>
Advanced Oils *	<b>April 28 – 30, 2023</b>	<b>No Lab</b>	<b>Nov 3 – 5, 2023</b>	<b>No Lab</b>	<b>May 31 – June 2, 2024</b>	<b>No Lab</b>
Final Exam *	July 7 – 9, 2023		Dec 15 – 17, 2023		Dec 15 – 17, 2023	
* Prerequisites must be completed before attending these sessions.	Graduation 07/09/2023		Graduation 12/17/2023		Graduation 12/17/2023	

Holistic Doula Companion Program	Yarrow	Yellow	Citrine
Nutrition	Oct 14 – 16, 2022	March 3 – 5, 2023	Oct 6 – 8, 2023
Herbs and Muscle Response Testing	Nov 11 – 13, 2022	April 28 – 30, 2023	Nov 10 – 12, 2023
Miracle of Pregnancy	January 20 -22, 2023	May 12 – 14, 2023	Jan 12 – 14, 2024
Miracle of Birth*	March 17 – 19, 2023	June 9 – 11, 2023	March 1 – 3, 2024
Miracle of Newborn*	April 21 – 23, 2023	July 28 – 30, 2023	April 19 – 21, 2024
Beginning Essential Oils	<b>Feb 17 – 19, 2023</b>	July 14 – 16, 2023	<b>Feb 2 – 4, 2024</b>
Summary Final Exam	June 23 – 25, 2023 Graduation -6/25/2023	Oct 20 – 22, 2023 Graduation 10/22/2023	June 14 – 16, 2024 Graduation 6/16/2024

\* Program prerequisites must be completed before attending these sessions.

CONTACT INFORMATION

Naturopathic Institute of Therapies and Education

503 E Broadway St., Mt. Pleasant, MI 48858

Phone: (989) 773-1714 Fax: (989) 775-7319

www.naturopathicinstitute.org

contact@naturopathicinstitute.org

Tours available upon request!