



Naturopathic Institute 2022 / 2023: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

Program Class Dates 8/24/2022

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

First six classes and their labs must be taken consecutively as listed.

| Therapeutic Bodywork Program | Blue | | Sapphire | | Chicory | |
|--|------------------------------|-------------------------------|------------------------------|---------------------------|----------------------------|------------------------|
| | Class | Lab* | Class | Lab* | Class | Lab* |
| #1 Beginning Bodywork & Ethics | January 14 – 16, 2022 | January 28 – 30, 2022 | August 5 – 7, 2022 | August 26 – 28, 2022 | January 13 – 15, 2023 | January 27 – 29, 2023 |
| #2 Therapeutic Techniques & Anatomy | February 4 – 6, 2022 | February 18 – 20, 2022 | September 9 – 11, 2022 | September 23 – 25, 2022 | February 10 – 12, 2023 | February 24 – 26, 2023 |
| #3 Anatomy / Pregnancy and Infant Massage | March 18 – 20, 2022 | April 1 – 3, 2022 | October 7 – 9, 2022 | October 28 – 30, 2022 | March 10 – 12, 2023 | March 24 – 26, 2023 |
| #4 Assessment & Adv. Techniques / Business | April 8 – 10, 2022 | April 22 – 24, 2022 | November 11 – 13, 2022 | December 2 – 4, 2022 | April 14 – 16, 2023 | April 28 – 30, 2023 |
| #5 Specialized Techniques | May 6 – 8, 2022 | May 20 -22, 2022 | December 16 – 18, 2022 | January 6 – 8, 2023 | May 12 – 14, 2023 | June 2 – 4, 2023 |
| #6 Integrative Massage & Lymph Techniques | June 3 – 5, 2022 | June 24 – 26, 2022 | January 20 – 22, 2023 | February 3 – 5, 2023 | June 16 – 18, 2023 | July 7 – 9, 2023 |
| Beginning Essential Oils | July 8 – 10, 2022 | No Lab | February 17 – 19, 2023 | No Lab | July 14 – 16, 2023 | No Lab |
| CranioSacral Bodywork | July 29 – 31, 2022 | August 12 – 14, 2022 | March 3 – 5, 2023 | March 17 – 19, 2023 | Aug 4 – 6, 2023 | Aug 18 – 20, 2023 |
| Meridian Work and Light Healing Touch | August 26 – 28, 2022 | September 9 – 11, 2022 | March 31 – April 2, 2023 | April 14 – 16, 2023 | Sept 8 – 10, 2023 | Sept 22 – 24, 2023 |
| Reflexology | Sept 30 – Oct 2, 2022 | October 7 – 9, 2022 | May 5 – 7, 2023 | May 19 – 21, 2023 | Oct 6 – 8, 2023 | Oct 20 – 22, 2023 |
| Nutrition | March 4 – 6, 2022 | No Lab | October 14 – 16, 2022 | No Lab | March 3 – 5, 2023 | No Lab |
| Body Systems / Anatomy / Physiology | January 7 – 9, 2022 | No Lab | August 12 – 14, 2022 | No Lab | January 6 – 8, 2023 | No Lab |
| Holistic Bodywork * | November 4 – 6, 2022 | November 18 – 20, 2022 | June 2 – 4, 2023 | June 16 – 18, 2023 | Nov 17 – 19, 2023 | Dec 1 – 3, 2023 |
| Advanced Oils * | October 21 – 23, 2022 | No Lab | April 28 – 30, 2023 | No Lab | Nov 3 – 5, 2023 | No Lab |
| Final Exam * | December 2 – 4, 2022 | | July 7 – 9, 2023 | | Dec 15 – 17, 2023 | |
| * Prerequisites must be completed before attending these sessions. | Graduation 12/04/2022 | | Graduation 07/09/2023 | | Graduation 12/17/2023 | |

| Holistic Doula Companion Program | Citrine | Yarrow | Yellow |
|-----------------------------------|---|---|--|
| Nutrition | March 4 – 6, 2022 | Oct 14 – 16, 2022 | March 3 – 5, 2023 |
| Herbs and Muscle Response Testing | April 1 – 3, 2022 | Nov 11 – 13, 2022 | April 14 – 16, 2023 |
| Miracle of Pregnancy | May 13, 2022 | January 20 -22, 2023 | May 12 – 14, 2023 |
| Miracle of Birth* | June 10 – 12, 2022 | March 17 – 19, 2023 | June 9 – 11, 2023 |
| Miracle of Newborn* | August 12-14, 2022 | April 21 – 23, 2023 | July 14 – 16, 2023 |
| Beginning Essential Oils | July 8 – 10, 2022 | Feb 17 – 19, 2023 | August 4 – 6, 2023 |
| Summary Final Exam | October 7 – 9, 2022 Graduation 10/9/2022 | June 23 – 25, 2023 Graduation -6/25/2023 | Oct 20 – 22, 2023 Graduation 10/22/2023 |

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CONTACT INFORMATION
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Tours available upon request!