



## Naturopathic Institute 2020 / 2021 / 2022: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

*Program Class Dates 9/3/2020*

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

\*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

# First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program	Blue		Sapphire		Chicory	
	Class	Lab*	Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics	August 14 – 16, 2020	August 28 – 30, 2020	January 1 – 3, 2021	Feb 5 – 7, 2021	August 13 – 15, 2021	August 27 – 29, 2021
#2 Therapeutic Techniques & Anatomy	Sept 18 – 20, 2020	October 2 – 4, 2020	Feb 26 – 28, 2021	March 12 – 14, 2021	Sept 17 – 19, 2021	October 1 – 3, 2021
#3 Anatomy / Pregnancy and Infant Massage	Oct 30 – Nov 1, 2020	November 13 – 15, 2020	March 26 – 28, 2021	April 9 – 11, 2021	October 22 – 24, 2021	November 12 – 14, 2021
#4 Assessment & Adv. Techniques / Business	Nov 20 – 22, 2020	December 4 – 6, 2020	April 23 – 25, 2021	April 30 – May 2, 2021	December 3 – 5, 2021	December 17 – 19, 2021
#5 Specialized Techniques	January 15 – 17, 2021	January 29 – 31, 2021	May 21 – 23, 2021	June 4 – 6, 2021	January 7 – 9, 2022	January 21 – 23, 2022
#6 Integrative Massage & Lymph Techniques	Feb 12 – 14, 2021	Feb 26 – 28, 2021	June 18 – 20, 2021	June 25 – 27, 2021	February 25 – 27, 2022	March 4 – 6, 2022
Beginning Essential Oils	March 5 – 7, 2021	<b>No Lab</b>	July 16 – 18, 2021	<b>No Lab</b>	<b>February 4 – 6, 2022</b>	<b>No Lab</b>
CranioSacral Bodywork	March 19 – 21, 2021	April 9 – 11, 2022	July 30 – Aug 1, 2021	August 13 – 15, 2021	March 18 – 20, 2022	March 25 – 27, 2022
Meridian Work and Light Healing Touch	April 23 – 25, 2021	May 7 – 9, 2021	August 27 – 29, 2021	Sept 10 – 12, 2021	April 22 – 24, 2022	April 29 – May 1, 2022
Reflexology	June 11 – 13, 2021	June 25 – 27, 2021	October 8 – 10, 2021	October 22 – 24, 2021	May 13 – 15, 2022	June 3 – 5, 2022
Nutrition	<b>October 9 – 11, 2020</b>	<b>No Lab</b>	<b>March 19 – 21, 2021</b>	<b>No Lab</b>	<b>October 8 – 10, 2021</b>	<b>No Lab</b>
Body Systems / Anatomy / Physiology	<b>August 7 – 9, 2020</b>	<b>No Lab</b>	<b>January 8 – 10, 2021</b>	<b>No Lab</b>	<b>August 6 – 8, 2021</b>	<b>No Lab</b>
Holistic Bodywork *	<b>July 9 – 11, 2021</b>	<b>July 23 – 25, 2021</b>	<b>October 29 – 31, 2021</b>	<b>November 5 – 7, 2021</b>	<b>June 17 – 19, 2022</b>	<b>July 8 – 10, 2022</b>
Advanced Oils *	<b>May 14 – 16, 2021</b>	<b>No Lab</b>	<b>Sept 24 – 26, 2021</b>	<b>No Lab</b>	<b>Feb 18 – 20, 2022</b>	<b>No Lab</b>
Final Exam *	August 6 – 8, 2021		December 3 – 5, 2021		July 22 – 24, 2022	
* Prerequisites must be completed before attending these sessions.		<b>Graduation 8/15/2021</b>	<b>Graduation 12/12/2021</b>		<b>Graduation 7/31/2022</b>	

Holistic Doula Companion Program	Citrine	Yarrow	Yellow
Nutrition	Oct 9 – 11, 2020	Mar 19 – 21, 2021	
Herbs and Muscle Response Testing	Nov 6 – 8, 2020	April 9 – 11, 2021	
Miracle of Pregnancy	Jan 22 – 24, 2021	May 14 – 16, 2021	
Miracle of Birth*	Feb 19 – 21, 2021	June 4 – 6, 2021	
Miracle of Newborn*	<b>April 16 – 18, 2021</b>	Aug 20 -22, 2021	
Beginning Essential Oils	<b>March 5 – 7, 2021</b>	July 16 – 18, 2021	
Summary Final Exam	June 18 – 20, 2021 <b>Graduation 6/20/21</b>	Oct 22 – 24, 2021 <b>Graduation 10/24/21</b>	

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**CONTACT INFORMATION**  
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**Tours available upon request!**