



## Naturopathic Institute 2019 / 2020 / 2021: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

*Program Class Dates 6/3/2020*

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

\*Lab weekends meet Friday 5:00 p.m. – 9 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

# First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program	Sapphire		Chicory		Blue	
	Class	Lab*	Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics	July 26 – 28, 2019	August 9 – 11, 2019	January 24 – 26, 2020	Jan 31 – Feb 2, 2020	August 14 – 16, 2020	August 28 – 30, 2020
#2 Therapeutic Techniques & Anatomy	August 16 – 18, 2019	Sept 6 – 8, 2019	February 14 – 16, 2020	Feb 28 – Mar 1, 2020	Sept 18 – 20, 2020	October 2 – 4, 2020
#3 Anatomy/ Pregnancy and Infant Massage	Sept 27 – 29, 2019	Oct 11 – 13, 2019	March 13 – 15, 2020	July 10 – 12, 2020	Oct 30 – Nov 1, 2020	November 13 – 15, 2020
#4 Assessment & Adv. Techniques / Business	October 25 – 27, 2019	November 8 – 10, 2019	July 24 – 26, 2020	August 7 – 9, 2020	Nov 20 – 22, 2020	December 4 – 6, 2020
#5 Specialized Techniques	November 22 – 24, 2019	December 6 – 8, 2019	Aug 28 – 30, 2020	Sept 25 – 26, 2020	January 15 – 17, 2021	January 29 – 31, 2021
#6 Integrative Massage & Lymph Techniques	January 3 – 5, 2020	January 17 – 19, 2020	Oct 23 – 25, 2020	Nov 6 – 8, 2020	Feb 12 – 14, 2021	Feb 26 – 28, 2021
Beginning Essential Oils	February 7 – 9, 2020	<b>No Lab</b>	Oct 16 – 18, 2020	No Lab	March 5 – 7, 2021	<b>No Lab</b>
CranioSacral Bodywork	February 21 – 23, 2020	March 6 – 8, 2020	Jan 29 – 31, 2021	Feb 19 – 21, 2021	March 19 – 21, 2021	April 9 – 11, 2022
Meridian Work and Light Healing Touch	June 5 – 7, 2020	June 19 – 21, 2020	Nov 20 – 22, 2020	Dec 4 – 6, 2020	April 23 – 25, 2021	May 7 – 9, 2021
Reflexology	July 17 – 19, 2020	July 31 – Aug 2, 2020	Jan 1 – 3, 2021	Jan 15 – 17, 2021	June 11 – 13, 2021	June 25 – 27, 2021
Nutrition	<b>October 18 – 20, 2019</b>	<b>No lab</b>	<b>Oct 9 – 11, 2020</b>	<b>No Lab</b>	<b>October 9 – 11, 2020</b>	<b>No Lab</b>
Body Systems/Anatomy/Physiology	<b>July 19 – 21, 2019</b>	<b>No lab</b>	<b>Jan 10 – 12, 2020</b>	<b>No Lab</b>	<b>August 7 – 9, 2020</b>	<b>No Lab</b>
Holistic Bodywork *	August 21 – 23, 2020	August 28 – 30, 2020	<b>Mar 5 – 7, 2021</b>	<b>Mar 12 – 14, 2021</b>	<b>July 9 – 11, 2021</b>	<b>July 23 – 25, 2021</b>
Advanced Oils *	<b>July 10 – 12, 2020</b>	<b>No lab</b>	<b>Dec 11 – 13, 2020</b>	<b>No Lab</b>	<b>May 14 – 16, 2021</b>	<b>No Lab</b>
Final Exam *	September 11 – 13, 2020		<b>March 26 – 28, 2021</b>		August 6 – 8, 2021	
* Prerequisites must be completed before attending these sessions.		Graduation 9/20/2020	Graduation 3/28/21		Graduation 8/15/21	

Holistic Doula Companion Program	Yarrow	Yellow	Citrine
Nutrition	Oct 18 – 20/19		October 9 – 11, 2020
Herbs and Muscle Response Testing	Nov 1 – 3/19		Nov 6 – 8, 2020
Miracle of Pregnancy	Dec 6 – 8/19		Jan 22 – 24, 2021
Miracle of Birth*	Jan 3 – 5/20		Feb 19 – 21, 2021
Miracle of Newborn*	Mar 6 – 8/20		<b>April 16 – 18, 2021</b>
Beginning Essential Oils	Feb 7 – 9/20		<b>March 5 – 7, 2021</b>
Summary Final Exam	June 26 – 28/20 <b>Graduation 07/19/20</b>		June 18 – 20, 2021 <b>Graduation 6/20/21</b>

\* Prerequisites must be completed before attending these sessions.

**CONTACT INFORMATION**  
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**Tours available upon request!**