

NITE LIGHT

Natural Health Quarterly

Herbs Etc - NITE - NCC

The Energy Enhancement System
Our Newest Expansion!



Inside this Issue:

- **SPECIAL ISSUE: Celebrating our 27th Anniversary!**
- **A Revelation in Healing: Energy Enhancement System**
- **Nicotine as a treatment for COVID**

Winter 2022

From the Editor



Amy Jo Howard, ND
Director of Education

We are celebrating our 27th anniversary! For this celebration, we want to showcase why Herbs, Etc. (and all of its affiliates) is so amazing! Thanks to your patronage, we have thrived for 27 years, and it is our sincere wish that we can continue to provide the best possible service to you for many more years to come!

Truly, we strive to have an educated staff so that when you come in to the store, your product questions can be answered and knowledgeable recommendations can be made for you. Carrying the highest quality products and those that are necessary to effectively help the body heal is also a priority. By offering consultations and bodywork therapies, your opportunities for finding and experiencing what you need to improve your health is enhanced.

The underlying factor behind all of this is education. We recognize that if we can teach you about how your body develops imbalances and how your body heals, then we can empower you to live the life you really desire. When we all do this, we are healthier and stronger together, and we actually begin to help the world heal.

Another component to which we credit our success is that we stay true to the roots of naturopathy while still adapting to the current times. Because the principles of naturopathy are founded in nature, they remain irrefutable. Some of those principles include: The body is capable of healing itself; Nature is a healer; To be a doctor means to be a teacher.

By taking those principles and applying them to how a person is responding to the current state of the world (including foods, chemicals, toxins, events, etc.), naturopathy is an effective and timeless system of healing, because it is free from expiration (unlike technology), and it always looks at the health of the entire person's being. With an approach that works with the body and whose ultimate goal is balance, this kind of support creates deeper and more meaningful changes for the positive.

Thank you for recognizing your own healing ability. It is our intent to share purposeful and inspiring information along your path, and it is our hope that you will continue to include us on your journey.

With deepest gratitude,

Amy Jo Howard, ND
Director of Education



Store Specials

Come check out these and the many other in-store specials happening during the Christmas season!

Nov 28 - Dec 23:

Buy five \$50 gift certificates, and get 10% off the total price (A savings of \$25)

Dec 4 - 10:

Receive 15% off pre-packaged gifts sets! Aroma therapy, chocolate, teas, and more!

Dec 11 - 17:

Create your own gift basket, receive 15% discount on total purchases under \$100.

Dec 17 - 23:

Don't forget your stocking stuffers! Receive a 15% discount on items from the Stocking Stuffer Table!

Remember those folks that help make your day better: your mail carrier, hair stylist, teacher, delivery guy or gal, etc. Show them some appreciation with a gift from Herbs Etc!

Herbs Etc, the Naturopathic Community Center, and the Naturopathic Institute will be closed December 24 - 25; as well as, December 31 - January 1.



Healthy Eating Classes

Food as Medicine

Healthy Eating classes begin at 6pm.
RSVP by calling 989-317-4787.

January 27: Natural Detoxes

Detoxifying your body naturally with foods that cleanse your body without powders and pills. Enjoy eating a diet full of taste and flavor while you clean and mobilize your lymphatic system for a smooth flow from head to toe!

March 21: Heart Healthy Cooking

Clean and lean is the name of the game when it comes to heart healthy diet. Eat a rainbow of color with simply prepared dishes that will have you hungry for more!

May 16: Spring Cleanse

Feeling a little dry and itchy, retaining some water, bloating and stiffness in the joints it may be time for a spring cleanse. Learn what to eat and drink to clean out your system, rid toxins, and build immunity with some seasonal fresh light recipes you will love to eat anytime.

September 19: Supportive Nutrition

Foods that support the thyroid, adrenals, liver and kidneys. Eat so well and feel so good with the fall harvest foods that help fight cancer and energy deficiencies.

November: Holiday Survival Tricks!

Don't want to overindulge in sugar, fat, and heavy rich foods this holiday season? Keep it lite and delicious with fresh clean ingredients that is blessed with healing herbs and spices that don't add fat and calories, but adds flavor! Bon Appetite!!!

Herbs Etc

More than meets the eye

There's a lot to learn, see, and do at Herbs Etc. But, the store you know and love is just the tip of the iceberg. The Herbs Etc Family is education, therapy, and self mastery.



(989) 773-3636
 contact@herbsetc.org
 www.herbsetc.org
 503 E. Broadway
 Mt. Pleasant, 48858

The retail store features:

- Herbs
- Natural Supplements
- Homeopathic Remedies
- Essential Oils
- Flower Essences
- Books
- Teas
- Lotions
- Soaps
- Orgonite
- Natural Stone Jewelry and Much More.

Massage and Bodywork Therapy including:

- Relaxation Massage
- Deep Tissue Massage
- Lymphatic Drain Massage
- Infant Bodywork
- Raindrop Therapy Massage
- Craniosacral Therapy
- Light Healing Touch
- Sound And Color Therapy
- Polarity Therapy
- Reflexology
- Neurological Organizational Technique

Herbs, Etc. also offers Natural Health Consultations, including:

- Iris Analysis
- Live Blood Analysis
- Biological Age Assessment
- Voice Analysis
- PSYCH-K®



Herbs, Etc. also has a Therapy Room for therapies that do not require the assistance of a therapist and that you can do on your own.

The Therapy Room includes:

- Body Vibe Machines
- Infrared Sauna
- Magnetic Biophoton Bed
- Color Therapy
- Detoxing Ionizing Foot Soak

For more information on the Therapy Room and all of our services, visit www.herbsetc.org.



(989) 773-1714
 contact@naturopathicinstitute.org
 www.naturopathicinstitute.org
 503 E. Broadway
 Mt. Pleasant, 48858

The Naturopathic Institute is the largest of its kind in the Midwest and provides hands-on training in a one-year massage therapy program, a four-year naturopathy program, and a Holistic Doula program. Our instructors are experts in the subjects they teach, and all actively practice in their given field, imparting knowledge rich with experience. Classes take place on the weekends, and students come from all over Michigan and other states to complete their training.

The NCC (see below) has housing for students traveling from afar which is not only convenient, but lends to a greater feeling of camaraderie with fellow students.



(989) 773-714

contact@naturopathiccommunitycenter.org

www.naturopathiccommunitycenter.org

503 E. Broadway, Mt. Pleasant, 48858

The Naturopathic Community Center, or NCC, was founded as a non-profit organization in order to provide education to the public and serve the community. Throughout the year, there are classes for the public covering an array of topics relating to natural health.

Tuesday Teachings are 6:30-7:30pm and highlight topics that help individuals and families improve their health, personal development, and longevity. No registration is needed for these free classes.

Healthy Eating classes are held with the focus of learning how to prepare healthy foods, fun menus, and delicious and nutritious meals.

Class times, location, and costs vary; visit the website for details:

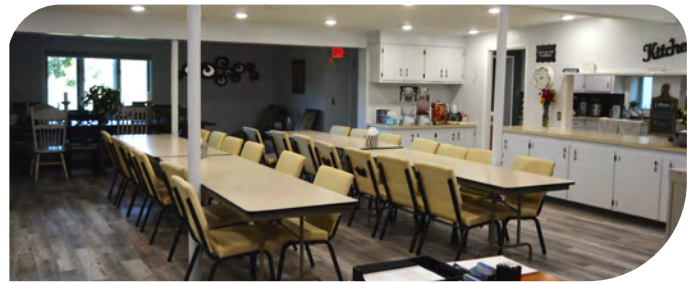
www.naturopathiccommunitycenter.org

Seminars are also sponsored by the NCC. These classes are fun, enriching, and encompass a variety of topics. They are perfect for the public, current students, alumni, massage therapists, and health professionals and are fantastic classes for those needing to acquire CEU's for licensing requirements. Registration is required, and costs vary depending on the seminar. Please check the website for details.



Accommodations with NCC

Oak Street Canopy, downtown Mt Pleasant, is a "home away from home" that sleeps 10-15 people. With a full eat-in kitchen, two full baths, living room, dining room, basement game room, and outdoor decks, it provides weekend housing for students attending NITE classes and is available year-round for anyone needing an extended stay or family getaway location.



(989) 866-1133

contact@elmastery.org

www.elmastery.org

5410 S. Vandecar

Mt Pleasant, 48858

The Embassy of Life Mastery (ELM) is a branch of the NCC. ELM houses the Energy Enhancement System and hosts Life Mastery classes. The Life Mastery program consists of three levels of development within 13 departments offering unique and diverse topics for those desiring to experience transformation and cultivate physical, mental, and spiritual growth. For more information on the ELM, and the Energy Enhancement System visit www.elmastery.org.



ANNOUNCING Eyes Wide Open 2.0 March 10-12th, 2023

The popular Eyes Wide Open Conference is BACK. This spring, join us as we welcome the wisdom and knowledge of:



Judy Mikovits, PhD



Patriot Streetfighter Scott McKay



Dr. Sandra
Rose Michael



Jason Shurka



Dr. Richard Olree
and more!

www.elmastery.org

Free Your Body with Toxin Binders

Amy Jo Howard, ND
Director of Education

We are bombarded with so many toxins in our everyday world that the need for binders as part of most health programs is necessary. This is especially true when experiencing digestive imbalances, hormone imbalances, and serious immune conditions.

Cell Core Biosciences uses Carbon Technology in their binders that makes them more effective than traditional binders like activated charcoal, diatomaceous earth, and bentonite clay. Those types of binders contain long chain carbons, meaning that they have limited binding abilities and can only travel as far as the gut. Cell Core's Carbon Technology uses long, medium, and short chain carbons, giving their binders the ability to work in all different areas of the body.

Often, dis-ease results from a lack of movement of charged particles in the body. Charged particles, including electrons, hydrogen ions, and oxygen drive all cellular and system processes and carry the electric charge that allows the mitochondria, the engine powerhouse of the cell, to turn on and function. Humic and fulvic acids supply energy to the body that moves these charged particles, enabling proper mitochondrial function, cellular repair, and the ability to detox naturally.

Consider adding one of these binders to your current health program today to make it more effective and to see better results!

5



BioToxin Binder

Optimizes the chelation of a variety of toxins. It binds with mold, candida, fungus, ammonia, sulfur, and other toxic substances. It also aids in the removal of both bacterial and viral by-products and promotes optimal gut health by balancing the microbiome. This blend supports cellular repair and increased energy production. For the first-steps in the detoxification process, this is the supplement with which to start.



VirRadChem Binder

Specifically targets viruses, retroviruses, radiation, and chemical toxins. The BioActive Carbon molecules in this formula are formulated at a nanoparticle level to deliver nutrients directly into the cell which supports cellular repair and increased energy production. This formula has the ability to work systemically, meaning throughout the entire body, so it is very effective and complementary to other detoxification practices. Use this product as the second step in your detoxification process.



HM-ET Binder

Addresses the build-up of heavy metals and other environmental toxins. Using organically sourced, plant-derived humic and fulvic acid extracts, it binds and removes these toxins from the whole body. Once the body is free from these toxins, it can restore natural body functions to an optimal state and begin to heal. It lends increased support to mitochondrial health, energy production, immunity, and long-term health. This blend is most beneficial after having already worked through some detoxification and now, are ready to go deeper into the process.

The X's and C's of Homeopathy

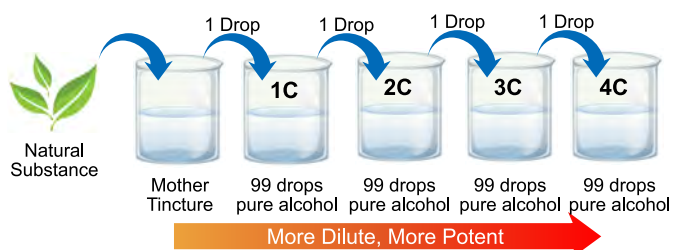
Amy Jo Howard, ND
Director of Education

Homeopathic remedies are among the safest and most effective natural remedies available. Made from plant, mineral, and animal materials that are diluted, this system of natural medicine was discovered over 200 years ago by Dr. Samuel Hahnemann who wanted a gentler, less toxic form of medicine after his daughter was harmed by standard medical treatment.

He set about using natural materials, then diluted them. In this process, he discovered that as the physical component of the remedy lessened, the energetic vibrational aspect strengthened. Meaning, homeopathic remedies stimulate the body's energy and immune system to heal itself, unlike herbs that provide nutrition to feed the body or pharmaceuticals that suppress the body's natural response.

A homeopathic remedy is labeled with the Latin name of the substance from which it is made and the number and letter indicating its potency. A remedy's potency tells you how much it has been diluted and therefore, how strong its energetic vibration will be in stimulating the body's healing ability. The majority of remedies at Herbs, Etc. come in "X" or "C" potencies.

How Remedies are Made - Potentizing



Each vial is shaken vigorously after each dilution is made.
An "X" remedy is made the same way with a 1:10 dilution.

"X" potency is a 1:10 dilution, meaning one drop of the original substance is diluted into 9 drops of water/alcohol. A 30x potency has been diluted 1:10 thirty times.

"C" potency is a 1:100 dilution. One drop of the original substance is diluted into 99 drops of water/alcohol. A 9c potency has been diluted 1:100 nine times.

- "X" remedies are best for physical and acute (short-term) conditions, like colds, flus, earaches, sprains, etc.
- "C" remedies are better for mental, emotional, and chronic (long-term) conditions, like migraines, diabetes, depression, etc.
- The higher the potency, the less often you need to take it. For example, you might take Bryonia 30x three times daily for several days until a cold clears. However, if your naturopath recommends Nat mur 200c you might take one dose. Then, follow up in 30-60 days.

Here are some top remedies that will cover a variety of common ailments in a 30x, 9c, or 30c potency:

- **Aconitum napellus:** For shock, fear, panic, illness after exposure to cold air
- **Apis mellifica:** For bee stings, hives, swelling, allergic reactions, shingles
- **Arnica montana:** For injuries, bruises, pain, healing after a dental/medical procedure
- **Belladonna:** For high fevers, sunburn, delirium
- **Bryonia:** For constipation, influenza, migraines, grumpiness
- **Gelsemium sempervirens:** For influenza, diarrhea, general feeling of low energy
- **Nux vomica:** For constipation, hemorrhoids, insomnia, migraines, addictions
- **Phosphorus:** For upper respiratory illnesses, laryngitis, bleeding, fear of thunderstorms
- **Rhus toxicodendron:** Joint and muscle pain, low back pain, poison ivy, shingles, skin rashes
- **Ruta graveolens:** For injuries/soreness of tendons and ligaments, sprains, eye strain, hip pain



ENERGY ENHANCEMENT SYSTEM

at THE
EMBASSY of
LIFE
MASTERY

NOW OPEN TO THE PUBLIC!

The Energy Enhancement System (EES) combines body, mind, spirit, and science to support optimum performance and reach higher states of health, consciousness, and self-actualization.

This system generates multiple bio-active life-enhancing energy fields, including scalar waves, and a morphogenic energy field, also known as a torsion field or scalar vortex. When combined with light as biophotons, it can interface with the body's DNA matrix and promote healing.

Scalar waves are well known in astrophysics. A scalar wave is a fifth-dimensional non-linear wave, capable of passing through solid matter. Research has indicated that exposure to scalar fields can promote the repair of DNA, including breaks and genetic damage, as well as lengthen telomeres.

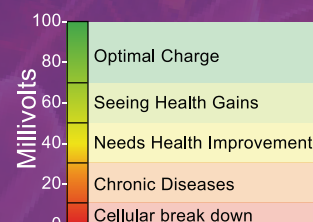
HOW DOES IT HEAL ME?

The EE System is not healing you, nor is it a medical device. It also does not pinpoint what you want healed. The EE System creates an optimal environment allowing your cells to rest and recharge. This allows the repair of DNA, which in turn, stimulates your body to begin fixing and flushing out problems according to your body's hierarchy of needs. To repeat, the EE System does not heal you, your body heals you. There is no way to determine what area you may find improvement in, and not all ailments have symptoms that will produce noticeable change.

Understand that it took your entire life to reach the health you are in currently. You might see an improvement in even your first session, but it will take several to get you on an upward trajectory. Because of this, we recommend a 20 hour base.

Cells in the human body, when functioning at their maximum health potential, operate in a range between 70-90 millivolts. Aging and dis-ease occur when the cellular energy depreciates

to levels below this range. (The majority of the population has cells functioning well below this range.) The Energy Enhancement System increases the cell's millivolts to promote cellular regeneration. By energizing your cells while repairing the DNA, this allows your body to begin healing itself.



BEFORE YOU ARRIVE

- ✓ Drink Lots of Water - half your body weight in ounces daily for a week prior. The more hydrated your cells, the more charge they can take.
- ✓ Arrive 30 minutes early. Doors close at the given start time. Guests who have had orientation will be able to enter the system early and receive extra time.

BRING WITH YOU

- ✓ One or two small pillows
- ✓ Blanket
- ✓ Water Bottle or travel mug with lid
- ✓ Ear Plugs (optional)
- ✓ Eye Mask (optional)



Testimonials

I just wanted to let you know that what you are doing is amazing. The experience was more than I thought it could be!

I came without any expectations and to my surprise I have already seen some benefit from just 2 hours. I have a spot on my hand that appeared about a month ago and have a history of melanoma. It started to discolor, get small bumps on it, so my Dr referred me to a dermatologist. I haven't seen the dermatologist and I don't think I will have to because today is Monday and the spot is going away. I am in awe of this, I will still be keeping an eye on it but I don't have to make an appointment. Also I have chronic upper back pain and I am currently going to the pain clinic. I have had several procedures done and no relief. I can honestly say I am not pain free in my back but it is definitely at least 50-60% better and that is a beautiful thing.

Thank you all so much for doing what you are doing and can't wait for my next appointment.

-A. Cook, Minnesota

It was amazing, I have 3 implants for crushed vertebrae.

Boston Scientific, Abbott/St. Jude DRG, Stimwave, 2 knees replaced, C6C7 fusion, and severe PTSD, all from military.

After 2 hour treatment I was able to turn down my programmers by more than half.

It was amazing!

-R. Gothard, Michigan

My findings include being able to see better at a distance, still have to have glasses for reading. My blood pressure has dropped, not to normal, but for me a big difference.

My numb foot is 90% better I have feeling now. I was at the point of having to use a walking stick to be able to walk. Now I can walk without pain, ride my bike. Now able to get in and out of a car easy before was unable to.

I am noticing am not as tired during day as used to have to take naps, not so much anymore.

Bottom line I feel 100% better than when I started but will continue doing the hours because I want to feel even better. I notice a number of little things just can't put my finger on, but know the body is healing.

-S. Schultz, 56 Hours,

Yesterday Dr Stoy MD told me that the 2 cancer tumors in my neck are dead and no longer getting blood supply!!!! Yippee hallelujah!!

Time to get up and dance the HAPPY DANCE! Love what you and your team are doing in Mt Pleasant!!! I AM very grateful.

- M. Persons RN, LDH, CCH, Brooklyn Park, Minnesota

I can't tell you how different I've felt. My entire family has noticed. Before these sessions, I couldn't eat without running to the bathroom in pain for about 3-4 hours on average after a small meal. This has decreased drastically since my last sessions. Before coming, I had zero energy. It was a feat if I got myself showered and dressed for the day. I didn't even have the energy to make myself a quick meal or boil water for a cup of tea. The pressure in my sacrum from the scar tissue was so bad, I couldn't stand for more than 3 minutes at a time without looking for a chair to sit in. I went to a Halloween party Saturday evening and not only did I stand the whole time, I danced the night away. I have some quality of life back and I am so grateful.

-J. Savel, Chardon OH

Just to let you know, 'R' was at the healing center for Veterans Day and had a very good day on Friday. He was awake and alert, did eat some, went out on his tractor, and even drove the car to get the supplements Dr. Baker suggested. They were all so pleased.

Such a great story!

-R. Woodward, Michigan



ENERGY
ENHANCEMENT
 S Y S T E M

at **THE EMBASSY of LIFE MASTERY**

Tuesday Late Nights

Every Tuesday, we have special late sessions, perfect for the after work "Power Nap." Tuesdays are an extra 2 hours long for those wanting 8 hours in one day.

Tuesday Hours:

Afternoon: 1:00pm - 5:00pm

Evening: 6:00pm - 10:00pm

Sessions end 2, 3 or 4 hours from the start time

Sound Baths

Soundbaths add sound therapy via ancient singing bowls, hand made drums, flute, and chimes. Our live musicians will take you on a journey then, deliver you to sleep the first hour. Then wake you with refreshing music the last half hour.

Pet Nights

Pets have been responding very well to our scalar and biophotonic technology. We have special days throughout the month that are pet friendly for their healing, too.

Sleep Overs

Spend the night under the twinkling panels of the EE System. This special 8 hour session occurs a few times every month.

Meet the Inventor

Dr Sandra Rose Michael is a Doctor of Naturopathic Medicine with a background in biophysics, quantum, and nuclear physics. She is a MENSA member, her mother was a nuclear physicist, and her father was an aerospace electrical, mechanical, and structural engineer.

By 1978, she had built her first scalar healing light chamber incorporating scalar waves and biophoton energy. It was then that she began seeing healing miracles, one person at a time.



FREE Veterans Sessions

The second Thursday of every month is our FREE Veterans day. In addition, Veterans get their first non-free day session, also for free. From then on, veterans only pay 50% FOR LIFE!

Regular Hours - Monday, Thursday, Friday

Morning: 9:30am-11:30am

Afternoon: 1:00pm - 5:00pm

Call or email to schedule your appointment today! (989) 866-1133

COMING FROM OUT OF TOWN?

We have visitors coming from all over, some as far as Switzerland, Portugal and Italy!

We have a hotel discount set up with the Hampton Inn - use the code "ELM." Our guests receive double and king rooms every night of the week for just \$109 plus tax (a savings of \$50 to \$150.) Remember to ask for a room with a BATH! Call: 989.772.5500.





Egyptian Perfume Blends

Uttati essential oils are comprised of the purest forms of essential oils, and through the collective wisdom, skill, and artistry of a long family history in Egypt, these oils are of the highest quality.



Arabian Nights

Suitable for both men and women, this blend offers an invitation to intimacy.



Cleopatra

Wearing this blend evokes the essence of the artful seductress Cleopatra.



Hatshepsut

This formula helps a woman project self-confidence in the workplace.



Tut Ankh Amun

A luxurious blend that commands the undivided attention of your special companion.



Celebration

For both men and women, this enhances an evening of exhilarating and sensual encounter.



Cleopatra's Secret

A lighter scent than Cleopatra, this perfume has effects that are more potent and straightforward.



Nefertiti

Nefertiti was known for her exotic beauty and sensual intrigue, and wearing this oil will help you impart that same essence.



Omar Khayam

For men, this essence identifies one as a sensitive man seeking to build a romantic relationship slowly and thoughtfully.



Secret of the Desert

For use when you wish to prompt sensual immediacy with your special loved one.



Queen of Egypt

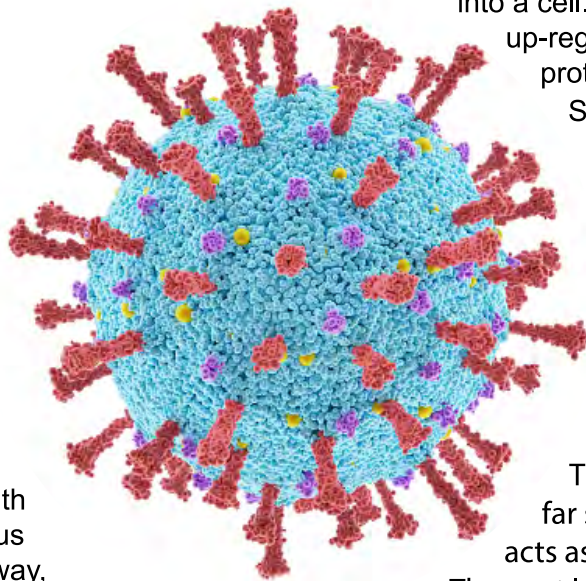
This regal blend evokes the quality of feminine beauty and power of ancient Egypt.

The Uttati Egyptian Perfume Blends are complex blends intended for a certain purpose. Please note the intention for each oil, and be discriminating of where you will be wearing it. Apply 1-2 drops on the skin without dilution, or mix with a carrier oil for use in a roller or dropper bottle.

NICOTINE AS A TREATMENT FOR COVID

Interesting observations have been made regarding Covid-19, SARS-CoV-2, or severe acute respiratory syndrome coronavirus 2, was expected to impact smokers to a greater degree given its affinity to affect the lungs and respiratory system. Early observations of those hospitalized with Covid-19, the dis-ease name given to those thought to be infected by SARS-CoV-2, showed that smokers actually had a lower than expected prevalence for being hospitalized. Some suggested that nicotine might provide protection in mitigating Covid-19, and the studies began.

SARS-CoV-2's S-proteins were found to interact and bind with nAChRs (nicotinic acetylcholine receptors). Nicotine is a cholinergic agonist, meaning it inhibits cytokines that cause inflammation in the cholinergic anti-inflammatory pathway. Cytokine storms are one of the most noted symptoms in severe cases of Covid-19. Therefore, when nicotine binds to the nAChRs, it competes with the virus, so that the virus cannot act on that pathway, and the body's anti-inflammatory system can maintain a more balanced immune response.



Furthermore, SARS-CoV-2 uses the angiotensin converting enzyme 2 (ACE2) as a receptor for entry into a cell. Recent studies show that nicotine up-regulates ACE2 which appears to be protective against tissue damage caused by SARS-CoV-2. Also, ACE2 is expressed in several regions of the brain. This, then, has implications for nicotine having protective properties against possible brain inflammation, including the loss of smell, since olfactory (smell) receptor neurons act as a first-line viral sensor to initiate a rapid immune response.

The findings of the studies conducted so far support the hypothesis that nicotine acts as a competitive agonist for the nAChRs. The next logical step from there is to consider nicotine as a treatment, both in prevention and to address current infections, for Covid-19.

TARGETING ACE2

Closing COVID-19's cellular doorway

The exciting news is that natural health offers remedies that also work on the nAChRs. No cigarettes needed! The top recommendations are:



NMN

NMN stands for Nicotinamide Mononucleotide and is a precursor to NAD+ which the body uses for immune system balance, mitochondria repair, cellular functions, and much more.



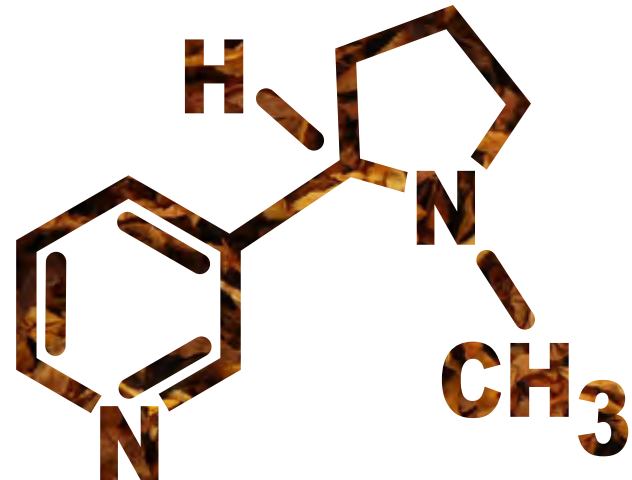
Nicotinum 30c

A homeopathic remedy that contains the electromagnetic signature of nicotine without having any of the physical component and so, is a very safe way to receive the benefits it poses to the immune system.



Tabacum 30c

A homeopathic remedy that contains the energetic component of nicotine without imparting any physical side effects.



Fenugreek herbal tincture

Contains nicotinic acid which binds to nAChRs.

These are remedies we can consider for prevention, active treatment, and treatment of long Covid, especially for symptoms related to inflammation, impaired circulation, brain fog, and loss of smell. Add these remedies to your toolkit; stop in at Herbs, Etc. to pick them up.

Amy Jo Howard, ND
Director of Education

From PubMed.gov: 2020 Sep;287(17):3656-3663. doi: 10.1111/febs.15521. Epub 2020 Aug 25. Nicotine and the nicotinic cholinergic system in COVID-19 Yousef Tizabi, Bruk Getachew, Robert L Copeland, Michael Aschner

Other References:

•Oliveira, A.S.F. et al. (2020). Simulations support the interaction of the SARS-CoV-2 spike protein with nicotinic acetylcholine receptors and suggest subtype specificity. bioRxiv. <https://doi.org/10.1101/2020.07.16.206680>

•Changeux JP. (2018). The nicotinic acetylcholine receptor: a typical 'allosteric machine'. Philos Trans R Soc Lond B Biol Sci. <https://doi.org/10.1098/rstb.2017.0174>.



**DO
I
NEED
A
PATH,
TONE,
OR
CHORD
?**

The company Energetix produces a line of liquid homeopathic combination remedies that work fabulously. As a pioneer in bioenergetic remedies, Energetix has been around since 1997 to help practitioners address complex health concerns in an environment that has become increasingly toxic and imbalanced. They meticulously source ingredients to ensure the highest quality products. Their products are designed with the intention to help facilitate an individualized approach that respects the body's innate wisdom, as well as each person's unique needs.

Their homeopathic remedies fall into three categories that can be recognized by the name of the remedy: those ending with "-path," "-chord," and "-tone."



PATH

PATH remedies are for symptoms related to weakness or imbalance in systems, organs, glands, or tissues.

For example:

Adrenapath helps to strengthen or balance the adrenal glands which become exhausted when we have been under constant stress for prolonged periods of time;

Hypothalamapath is for the hypothalamus and pituitary which regulate proper communication between the nervous system and the glandular system;

Renapath strengthens the kidneys and urinary system;

Thyropath aids in balancing the thyroid's function.

TONE

TONE remedies are for symptoms related to congestion or stress in systems, organs, glands, or tissues.

For example:

Adrenal-Tone will help to relieve adrenal stress;

Drainage-Tone helps all of the channels of elimination (bowels, lungs, kidneys, skin and lymph) better cleanse and function more efficiently;

GB-Tone helps to relieve congestion in the gallbladder;

Hepatic-Tone assists the liver's function in cleansing wastes and toxins from the body;

Sinus-Tone supports the sinuses in cleansing mucus and clearing congestion.

CHORD

CHORD remedies are for symptoms related to systems, organs, glands, or tissues being compromised or overburdened by toxins.

For example:

Bacteria-Chord will assist the body in better cleaning out bacteria;

Hepata-Chord will aid in the release of toxins from the liver;

Para-Chord helps the body to dispel parasites;

Rena-Chord enables the kidneys to cleanse toxins;

Vac-Chord supports the body in detoxifying harmful substances that have accumulated from vaccine exposure.

If you are unsure which remedy would benefit you, consider scheduling an appointment with one of the naturopaths at Herbs, Etc. and discover whether a path, tone, or chord is best for your personal health goals.





(989) 773-3636
e-mail: contact@herbsetc.org
Web: www.herbsetc.org



(989) 773-1714
e-mail: contact@naturopathicinstitute.org
Web: www.naturopathicinstitute.org



(989) 317-4787
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Web: www.herbsetc.org

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NSP Quarterly Meetings:
March 20th - 9am-4pm
June 19th - 9am-4pm
September 18th - 9am-4pm

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